



THE FOCUSING INSTITUTE  
*carrying life and thought forward*

## The Focusing Institute Summer School (FISS)

August 21st – August 27th, 2016

Joshua Tree Retreat Center | Joshua Tree, California



Beautiful and serene  
retreat center

Sweeping views of  
the California desert

Delicious and nutritious food

Free bodywork classes every day

**“Focusing” is a meditation-like process of inner attention and self-inquiry that can be done alone or in peer partnerships. Our Summer School brings together six of the most well-known and sought-after international teachers of Focusing.**

**Ann Weiser Cornell**  
 Focusing Levels One  
 and Two: Living Flows  
 from Body Knowing



**René Veugelers**

Focusing with Children:  
 Back to What You  
 Deeply Know



**Nada Lou**  
 Focusing for Thinking,  
 Communicating,  
 Expressing (TAE)



**Laury Rappaport**  
 Focusing and Expressive Arts:  
 Doorways to Inner Knowing,  
 Healing Wisdom and Creative Spirit

**William Hernández  
 and Soti Grafanaki**  
 Living the Path of  
 Authenticity...  
 One Pause at a Time



**The Summer School is open to beginners and those experienced in the practice of Focusing**

For complete program information:  
[www.Focusing.org/FISS](http://www.Focusing.org/FISS)

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